



THE CATHOLIC PARISH OF KING'S LYNN
Deacon
Shaun Morrison's
Bulletin

The Church of Our Lady of the Annunciation
London Road, King's Lynn, Norfolk. PE30 5HQ.
and
Holy Family Church
Field Lane, Gaywood, King's Lynn, Norfolk. PE30 1AY

Sunday, October 17, 2021

Dear Friends,

I hope you are well.

Today is the 29th Sunday in Ordinary Time.

"May your love be upon us, O Lord, as we place all our hope in you. "

It is Psalter Week 1 for the Divine Office.

The link for the live stream of the 11.30am Mass from Our Lady's is:

<https://youtu.be/y7W708B8YPY>

The Hymn numbers for the 11.30am Mass are:

Entrance Antiphon (cantors)

Hymn: 297 Veni creator

Offertory: 825 Church of God, elect and glorious

Holy Communion: 833 O Thou, who at thy Eucharist didst pray

After dismissal: 367 Salve Regina

From the Office of Readings for the 29th Sunday in Ordinary Time:

A reading from the letter of St Augustine to Proba

Let our desire be exercised in prayer

Why in our fear of not praying as we should, do we turn to so many things, to find what we should pray for? Why do we not say instead, in the words of the psalm: I have asked one thing from the Lord, this is what I will seek: to dwell in the Lord's house all the days of my life, to see the graciousness of the Lord, and to visit his temple? There, the days do not come and go in succession, and the beginning of one day does not mean the end of another; all days are one, simultaneously and without end, and the life lived out in these days has itself no end.

So that we might obtain this life of happiness, he who is true life itself taught us to pray, not in many words as though speaking longer could gain us a hearing. After all, we pray to one who, as the Lord himself tells us, knows what we need before we ask for it.

Why he should ask us to pray, when he knows what we need before we ask him, may perplex us if we do not realise that our Lord and God does not want to know what we want (for he cannot fail to know it), but wants us rather to exercise our desire through our prayers, so that we may be able to receive what he is preparing to give us. His gift is

very great indeed, but our capacity is too small and limited to receive it. That is why we are told: Enlarge your desires, do not bear the yoke with unbelievers.

The deeper our faith, the stronger our hope, the greater our desire, the larger will be our capacity to receive that gift, which is very great indeed. No eye has seen it; it has no colour. No ear has heard it; it has no sound. It has not entered man's heart; man's heart must enter into it.

In this faith, hope and love we pray always with unwearied desire. However, at set times and seasons we also pray to God in words, so that by these signs we may instruct ourselves and mark the progress we have made in our desire, and spur ourselves on to deepen it. The more fervent the desire, the more worthy will be its fruit. When the Apostle tells us: Pray without ceasing, he means this: Desire unceasingly that life of happiness which is nothing if not eternal, and ask it of him who alone is able to give it.

Sir David Amess MP – Requiescat in pace.

Following the death of Sir David Amess MP on Friday 15 October, Cardinal Vincent Nichols issued a statement paying tribute to his generosity and integrity.

“The tragic death of David Amess creates a painful loss in so many lives. I pray for him that he be welcomed into the merciful presence of Our Heavenly Father. I pray for his family and friends, those reeling from shock at this time. I pray for his constituents and all those who worked with him in his political career. “This death throws a sharp light onto the fact that our Members of Parliament are servants of the people, available to people in their need, especially in their constituencies. This horrific attack, as David was undertaking his constituency surgery, is an attack on our democratic process and traditions. “David carried out his vocation as a Catholic in public life with generosity and integrity. He served in Parliament for four decades and was respected by all political parties across the House. His untimely death is a great loss. “David Amess, as a Catholic, understood the role and importance of the Holy See. It was he who, in 2006, established the All-party Parliamentary Group for relations with Holy See Group, a Group including people from different faiths and beliefs. Over the years he led several parliamentary visits to Rome. He was instrumental in the historic visit of Pope Benedict to Parliament in 2010 and in the return visit by HMG representatives to Rome in the following year. He fostered this mutually respectful relationship through meetings with Cardinal Parolin, the Pope’s Secretary of State, and with other Catholic leaders. This contribution is both esteemed and will be sorely missed. “I pray for the repose of his soul. May he rest in peace.”

Cardinal Vincent Nichols

President, Catholic Bishops’ Conference of England and Wales

<https://www.cbcew.org.uk/statement-on-the-death-of-sir-david-amess-mp/>

There is also a YouTube link with Cardinal Vincent Nichols paying tribute to Sir David Amess on BBC News:

https://youtu.be/fo3y_Qs3DmQ

Assisted Dying Bill

<https://www.cbcew.org.uk/assisted-dying-bill-2021/>

Novena to St. John Paul II

Please continue to say the Novena prayer to ask the intercession of Pope St. John Paul II that the Assisted Dying Bill to be debated may be defeated.

Merciful God, we pray with thanks and gratitude for the great spiritual gift of Saint John Paul II's apostolic life and mission. Through his heavenly intercession we ask that the 'Assisted Dying' Bill be defeated and that the infinite worth of each human person is upheld through proper investment in palliative care. Grant also that we may grow in love for You and proclaim boldly the love of Jesus Christ to all people. Through Christ, Our Lord. Amen

Our Father, Hail Mary, Glory Be

St. John Paul II, pray for us

18th October is the feast day **St. Luke, Evangelist**

From: <https://universalis.com/europe.England.eastanglia/20211018/today.htm>

St. Luke was a Greek doctor who converted to Christianity. He was a companion of the Apostle Paul, and wrote his Gospel in accordance with Paul's teaching. He also wrote the Acts of the Apostles, which narrates the early history of the Church up to Paul's first stay in Rome. As a Greek, he takes care to explain to Gentile readers Jewish customs and the meaning of Hebrew words.

From the Office of Readings:

A homily by Pope St Gregory the Great

The Lord follows his preachers

Beloved brothers, our Lord and Saviour sometimes gives us instruction by words and sometimes by actions. His very deeds are our commands; and whenever he acts silently he is teaching us what we should do. For example, he sends his disciples out to preach two by two, because the precept of charity is twofold – love of God and of one's neighbour.

The Lord sends his disciples out to preach in twos in order to teach us silently that whoever fails in charity towards his neighbour should by no means take upon himself the office of preaching.

Rightly is it said that he sent them ahead of him into every city and place where he himself was to go. For the Lord follows after the preachers, because preaching goes ahead to prepare the way, and then when the words of exhortation have gone ahead and established truth in our minds, the Lord comes to live within us. To those who preach Isaiah says: Prepare the way of the Lord, make straight the paths of our God. And the psalmist tells them: Make a way for him who rises above the sunset. The Lord rises above the sunset because from that very place where he slept in death, he rose again and manifested a greater glory. He rises above the sunset because in his resurrection he trampled underfoot the death which he endured. Therefore, we make a way for him who

risers above the sunset when we preach his glory to you, so that when he himself follows after us, he may illumine you with his love.

Let us listen now to his words as he sends his preachers forth: The harvest is great but the labourers are few. Pray therefore the Lord of the harvest to send labourers into his harvest. That the harvest is good but the labourers are few cannot be said without a heavy heart, for although there are many to hear the good news there are only a few to preach it. Indeed, see how full the world is of priests, but yet in God's harvest a true labourer is rarely to be found; although we have accepted the priestly office we do not fulfil its demands.

Think over, my beloved brothers, think over his words: Pray the Lord of the harvest to send labourers into his harvest. Pray for us so that we may be able to labour worthily on your behalf, that our tongue may not grow weary of exhortation, that after we have taken up the office of preaching our silence may not bring us condemnation from the just judge.

The link to our YouTube channel is:

<https://www.youtube.com/channel/UC8V030I7usRZiKoTlrwBAKg>

And the link to our Parish Website:

<http://www.catholicparish-kingslynn.org.uk/>

God bless

Shaun

Deacon Shaun Morrison

Words for an act of spiritual communion for those at home watching the livestream of Mass, to be prayed during the time of Holy Communion.

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally,

come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You.

Amen.
