



# Catholic Parish of King's Lynn

**Church of Our Lady of the Annunciation**  
London Road, King's Lynn, Norfolk. PE30 5HQ

**Holy Family Church**  
Field Lane, Gaywood, King's Lynn, Norfolk. PE30 4AY

## DEACON SHAUN MORRISON'S WEEKLY BULLETIN

Sunday August 07, 2022

Dear Friends, Good morning to you,

Today is the Anniversary of the Dedication of the Church. (Our Lady's Church was consecrated on 6th August 1947 by Bishop Leo Parker) A great day for the Parish of Our Lady of the Annunciation. (A parishioner was telling me last evening that she was at the consecration 75 years ago!! How wonderful is that!)

Collect for the Anniversary of the Dedication of the Church:

*O God, who year by year renew for us the day when this your holy temple was consecrated, hear the prayers of your people and grant that in this place for you there may always be pure worship and for us, fullness of redemption. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.*

Apologies that there will be no live stream of Mass from Our Lady's today. (The cameramen are taking a break) (Normal services will be resumed for the Assumption of the Blessed Virgin Mary on Sunday 14th Aug)

If you are unable to attend Mass because of ill health or care for the sick, here are some links to live streams of Mass today for you:

11am -Cathedral of St John the Baptist, Norwich

<https://youtu.be/CECmgIqNTU0>

11am-OLEM Cambridge

[https://youtu.be/UyMv5w\\_l6u8](https://youtu.be/UyMv5w_l6u8)

12 Noon-Walsingham

<https://www.walsingham.org.uk/live-stream/>

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### From the Office of Readings:

#### A reading from the homilies of Origen on the book of Joshua

*We are built up as living stones into the house and altar of God*

All of us who believe in Christ Jesus are said to be living stones, according to the words of Scripture: But you are living stones, built as a spiritual house in a holy priesthood, that you may offer spiritual sacrifices acceptable to God through Jesus Christ.

When we look at an earthly building, we can see that the larger and stronger stones are the first to be set in place as the foundation, so that the weight of the whole structure may rest on them securely. In the same way understand that some of the living stones become the foundation of the spiritual building. What are these living stones placed in the foundation? They are the apostles and prophets. That is what Paul says when he teaches: We have been

built upon the foundation of the apostles and prophets, with our Lord Jesus Christ himself as the cornerstone.

You, my hearers, must learn that Christ himself is also the foundation of the building we are now describing, so that you may prepare yourselves more eagerly for the construction of this building and become stones that lie closer to the foundation. As the apostle Paul says: No foundation can be laid other than the one that has been laid already: I mean Christ Jesus. Blessed are those, therefore, who build a religious and holy structure upon such a noble foundation.

In this building of the Church, there must also be an altar. I think that if those of you, disposed and eager for prayer, offer petitions and prayers of supplication to God day and night, you will become the living stones for the altar which Jesus is building.

Consider what praise is ascribed to these stones which make up the altar. All of us who believe in Christ Jesus are said to be living stones, according to the words of Scripture: But you are living stones, built as a spiritual house in a holy priesthood, that you may offer spiritual sacrifices acceptable to God through Jesus Christ.

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Consider what praise is ascribed to these stones which make up the altar. The lawgiver Moses said that the altar was to be made of stones, uncovered by iron. What are those stones? Perhaps those uncut and undefiled stones are the holy apostles, all making a single altar, because of their unity of mind and heart. For it was known that with one accord they all opened their lips to pray: You, Lord, know the hearts of all.

Therefore, these who were able to pray with one mind, one voice and one spirit, are perhaps worthy to form together one altar, where Jesus may offer his sacrifice to the Father.

Let us strive to agree among ourselves and to have one mind and voice. May we never quarrel or act from vainglory. But may we remain united in belief and purpose. Then even we may hope to become stones fit for the altar.

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### **Advance notice for your diaries:**

**Friday 12th August** - 6pm at Our Lady's Catenians' Mass for Vocations

**Sunday 14th August** - 3pm - the Red Mount Procession (leaving our Lady's Church at 3pm)

**Friday 19th August** - 7pm at Our Lady's - 7pm Mass of Thanksgiving for the 125th Anniversary of the Restoration of the Shrine of Our Lady of Walsingham

**Saturday 20th August** - Pilgrimage to Walsingham

(A coach has been arranged-there is a list of the back of Church at Our Lady's & Holy Family for you to book your free seat)

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### **Queenie & Victor**

All is happy in the world of Queenie & Victor.

Here is Queenie on her walk this morning looking at a cat which was under a car!



Here is Victor enjoying his blue cuddly dragon in bed!



Fr Gordon is in Dundee this weekend with Fr Tim and they will be going to Mass at The Cathedral Church of St Andrew this morning.

<https://www.standrewscathedraldundee.com/about.html>

They had an interesting morning yesterday at the McManus gallery & museum.

<https://www.mcmanus.co.uk/>

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The link to our YouTube channel is:

<https://www.youtube.com/channel/UC8V030I7usRZiKoTlrwBAKg>

And the link to our Parish Website:

<http://www.catholicparish-kingslynn.org.uk/>

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God bless

***Shaun***

**Deacon Shaun Morrison**

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**Words for an act of spiritual communion for those at home watching the livestream of Mass, to be prayed during the time of Holy Communion.**

My Jesus,

I believe that You are present in the Most Holy Sacrament.

I love You above all things,

and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally,

come at least spiritually into my heart.

I embrace You as if You were already there

and unite myself wholly to You.

Never permit me to be separated from You.

Amen.

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