



**Deacon
Shaun Morrison's
Bulletin**

THE CATHOLIC PARISH OF KING'S LYNN

The Church of Our Lady of the Annunciation

London Road, King's Lynn, Norfolk. PE30 5HQ.

and

Holy Family Church

Field Lane, Gaywood, King's Lynn, Norfolk. PE30 1AY

Sunday July 25, 2021

Dear Friends,

I hope you are well.

Today is the 17th Sunday in Ordinary Time.

"You open wide your hand, O Lord, you grant our desires "

It is Psalter Week 1 for the Divine Office.

The link for the live stream of the 11.30am Mass from Our Lady's is:

<https://youtu.be/T82yh59WXsU>

Words for an act of spiritual communion for those at home watching the livestream of Mass, to be prayed during the time of Holy Communion.

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally,

come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You.

Amen.

Today is the World Day of Prayer for Grandparents and the Elderly which has been instituted by Pope Francis.

Some words from Pope Francis:

Dear Grandfathers and Grandmothers,

Dear Elderly Friends,

"I am with you always" (Mt 28:20): this is the promise the Lord made to his disciples before he ascended into heaven.

They are the words that he repeats to you today, dear grandfathers and grandmothers, dear elderly friends. "I am with you always" are also the words that I, as Bishop of Rome and an elderly person like yourselves, would like to address to you on this first World Day of Grandparents and the Elderly. The whole Church is close to you – to us – and cares about you, loves you and does not want to leave you alone!

The full message of Pope Francis can be read by accessing the following link:

<https://www.cbcew.org.uk/home/events/world-day-grandparents-elderly-2021/popes-message-to-grandparents-and-the-elderly-2021/>

Some words from Cardinal Vincent Nichols:

"Elderly people get isolated, grandparents often get forgotten. But a day of prayer will help us

to remember that we are gifts to each other because we are gifts of God. And if we give thanks for those gifts, we'll appreciate them."

There is also a message on YouTube from Cardinal Vincent Nichols. The link to this is:

https://youtu.be/93_M2hFsTCc

There is a reflection on Saint Joachim and Saint Anne - The Grandparents of Jesus. The YouTube link is:

<https://youtu.be/GCoBAGD97Uo>

Two prayers for Grandparents:

Lord Jesus,
you were born of the Virgin Mary.
the daughter of Saints Joachim and Anne.
Look with love on grandparents the world over.
Protect them! They are a source of enrichment for families,
for the Church and for all of society.
Support them as they grow older.
May they continue to be for their families strong pillars of Gospel faith,
guardians of noble domestic ideals, living treasuries of sound religious traditions.
Make them teachers of wisdom and courage,
that they may pass on to future generations the fruits of their mature human
and spiritual experience.

Lord Jesus,
help families and society to value the presence and role of grandparents.
May they never be ignored or excluded, but always encounter respect and love.
Help them to live serenely and to feel welcomed in all the years of life which you give them.
Mary, Mother of all the living, keep grandparents constantly in your care, accompany them on
their earthly pilgrimage, and by your prayers, grant that all families may one day be reunited
in our heavenly homeland, where you await all humanity for the great embrace of life without
end. Amen

Source: <https://www.cbcew.org.uk/home/events/world-day-grandparents-elderly-2021/prayers-for-grandparents-and-the-elderly/>

From the Office of Readings for today:

A reading from the homilies of St John Chrysostom on the second letter to the Corinthians

In all my troubles I am full of joy

Again Paul turns to speak of love, softening the harshness of his rebuke. For after convicting and reproaching them for not loving him as he had loved them, breaking away from his love and attaching themselves to troublemakers, he again takes the edge off the reproach by saying: Open your hearts to us, that is, love us. He asks for a favour which will be no burden to them but will be more profitable to the giver than to the receiver. And he did not use the word "love" but said, more appealingly: Open your hearts to us.

Who, he said, has cast us out of your minds, thrust us from your hearts? How is it that you feel constrained with us? For, since he has said earlier: You are restricted in your own affection, he now declares himself more openly and says: Open your heart to us, thus once more drawing

them to him. For nothing so much wins love as the knowledge that one's lover desires most of all to be himself loved.

For I said before, he tells them, that you are in our hearts to die together or live together. This is love at its height, that even though in disfavour, he wishes both to die and to live with them. For you are in our hearts, not just somehow or other, but in the way I have said. It is possible to love and yet to draw back when danger threatens; but my love is not like that.

I am filled with consolation. What consolation? That which comes from you because you, being changed for the better, have consoled me by what you have done. It is natural for a lover both to complain that he is not loved in return and to fear that he may cause distress by complaining too much. Therefore, he says: I am filled with consolation, I rejoice exceedingly.

It is as if he said, I was much grieved on your account, but you have made it up for me in full measure and given me comfort; for you have not only removed the cause for any grief but filled me with a richer joy.

Then he shows the greatness of that joy by saying not only I rejoice exceedingly but also the words which follow: in all my tribulations. So great, he says, was the delight that you gave me that it was not even dimmed by so much tribulation, but overcame by its strength and keenness all those sorrows which had invaded my heart, and took away from me all awareness of them.

The link to our YouTube channel is:

<https://www.youtube.com/channel/UC8V030I7usRZiKoTlrwBAKg>

And the link to our Parish Website:

<http://www.catholicparish-kingslynn.org.uk/>

God bless

Shaun

Deacon Shaun Morrison
